

# McLaughlin Mile

Elementary Cross-Country Meet

Tuesday, September 24<sup>th</sup>



Location: R.S. McLaughlin Collegiate

570 Stevenson Rd. N.

Oshawa

## Race Times:

4:00pm	8 years old and under	½ lap
4:15pm	9 years old	½ lap
4:30pm	10 years old	1 full lap
4:45pm	11 years old	1 full lap
5:00pm	12 years old	2 full laps
5:15pm	13 years old and over	2 full laps

\*Please be sure to arrive 30 minutes before your race and check in and out with a coach\*

\*Drink and snack items will be available to purchase\*